

CLOTH INHALATION

For All Users





2 - 4 drops
(on cloth or tissue)

In order to take the medicine through cloth inhalation, hold cloth or tissue in the palms of your hand and take 2-3 deep inhalations through the nose. If inhaling through a cotton ball, gently waft the cotton ball under the nose and take 2-3 deep inhalations. This method of application can be used 2-3 times or can vary depending on when needed.

Cloth Inhalation Aromatherapy Usages



Support healthy breathing



Reduce nasal congestion



Uplift mood



Stress / Anxiety



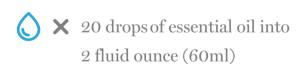
Relieve nausea



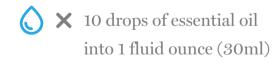
Support hormonal balance

Dilution with Carrier Oils or Lotions

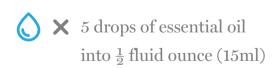
















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